

Family Circle Journal

Find a “perfect” journal to represent your family. How big is it? What does the cover look like? Perhaps you would like to decorate the cover together as a family.

Write your thoughts in this journal and pass it on. The next person can record their thoughts and pass it on again! Eventually, you will have a journal full of wonderful thoughts and memories from those you love.

Here are some ideas of things you can write about:

- What is your favorite game?
- What were you like as a child?
- Who is your hero?
- If you could have a magic power, what would you want?
- What makes you laugh?
- Why do you love me?
- What is your favorite television show?
- What is your favorite memory of your person who died?
- Do you believe in love at first sight?
- What is the most important thing to you?
- What are you afraid of?
- What do you wish you could share with the person who died?
- Define your perfect day.
- What is something that nobody knows about you?
- What’s your favorite season of the year?
- If you could be any animal, what would you be?
- What made you feel happy/sad today?
- What’s something nice someone has done for you?
- What would you like to accomplish tomorrow?